



# *"The Foxworthy"*

## *April – May 2009*



*Attendance Line 508-543-1626*

*Main Office - 508-543-1616*

*Fax - 508-698-6517*

*Guidance Office- 508-543-1620*

*Fax - 508-543-1670*

*www.foxborough.k12.ma.us*

*From the Principal  
Jeffrey S. Theodoss*

**CLASS  
OF  
2009**

Seniors keep reminding me about how close they are to graduating. Thirty plus days until the class of 2009 will receive their diplomas. With graduation on the horizon, it reminds me of the need to reinforce to all seniors the need to finish strong and to prevent any problems from arising at the end of the year. This last stretch is a volatile time for our seniors; waiting to receive acceptance letters from their top colleges and universities, recognizing that old friendships will change, and the reality that shortly they will be on their own, all impact student emotions.

Our seniors have been excellent role models, and as they begin to make difficult decisions about their future, each senior must make sure they complete the necessary requirements for graduation. As I have stated in the past, there is nothing more painful then informing a senior and his/her parents that they will not graduate.

Remember the final quarter for seniors is only six weeks long, so any research papers and course requirements must be completed in a timely manner. Remember to work hard and do the right things until you graduate. Enjoy your last quarter with your friends, act in a responsible manner, take time to consider all your options, and finally take the time to thank the people who have helped to make your dreams come true.



### **Cell Phones**

As I entered the house a few weeks ago, there were both my sons studying????? Text book opened, computer site on American History, iPods stuck in their ears and cell phones by their side. I thought to myself there can't be much quality studying going on. After a non-productive argument about the value of being able to concentrate and formulating ideas as one studies, I proceeded to change and get ready for supper. The next day I came across an article pertaining to the exact problem I had encountered with my sons. Are our children studying productively with the built in multi-media distractions? You decide.



*Can a BlackBerry Addict Be a Focused,  
Productive Leader?*

In this thoughtful *Newsweek* article following the news that President Obama is keeping his BlackBerry, Sharon Begley explores research on the effect of frequent interruptions and continuous partial attention on people's memory and intellectual functioning:

- If you take an interruption from a BlackBerry or e-mail alert at a natural break-point in something you're doing (for example, as you finish writing a paragraph), you probably won't be thrown off stride too much. But if you are interrupted in the middle of a thought, an intense conversation, or complex task, it can take as much as 15 minutes to get back to where you were. The delay comes from the time it takes to reactivate memories about the task (*Where was I?*) and "refocus cognitive resources that may have been usurped" by the interruption, says a 2007 University of Illinois study.

- The more intellectually demanding an interruption is, the more likely we are to be thrown off stride and not

remember what we were doing. If the interruption is quick and trivial, it's easier to get back on task.

- Interruptions in the middle of listening or reading disrupt the process of coding information from short-term into long-term memory and also interrupt the formation of the neural connections needed to gain access to those memories in the future. This is why interruptions impair memory, according to a 2004 study done in Finland.

- "Continuous partial attention" is not an efficient way to think and work, says Begley. Rapid-fire switching among multiple tasks means we don't process information as well or think as effectively or creatively. "I was always distracted," said Senator Thad Cochran of Mississippi when he got a BlackBerry. "I couldn't concentrate. Every time the light came on or it beeped, I felt this compulsion to stop everything I was doing." He hated the way he and his colleagues were always checking their devices or typing during meetings.

- According to a 2006 study in Scotland, lower-status workers are more often stressed out and subject to impaired intellectual functioning from electronic interruptions because they are at the beck and call of their superiors and are anxious that they will miss an important text message or e-mail from the boss.

- Filling "dead-time" with electronic communication deprives us of a valuable activity – daydreaming. Studies have shown that many of our best out-of-the-box ideas come when the brain is idle and wanders into new territory and brings together unrelated facts and ideas. "If mental downtime becomes BlackBerry time, eureka's will be rarer," says Begley.

People who claim to be able to focus their full attention on important work or conversations while using their BlackBerries, says Begley, are either lying or their work just isn't that hard.

As for President Obama, he doesn't use his BlackBerry during meetings and briefings. Apparently he agrees with the directive given by Roger McNamee, a Silicon Valley entrepreneur, within his company: "You just turn notification off – that's what everybody does – and it doesn't bother you at all," he said. "I don't allow notifications for e-mail, text or any other application. As a result, the devices are not a distraction."

*"Will the BlackBerry Sink the Presidency?" by Sharon Begley in Newsweek, Feb. 16, 2009 (p. 37)*

... ..Jeff Theodoss

ATTENTION SENIORS!!!!



Attention all Seniors and Senior Parents:  
The 2009 Yearbook Staff is making a video for the senior class. If you have any old footage of seniors on DVD (birthday parties, summer trips, drama productions, sports, etc) please email Mrs. Arcacha at [arcachak@foxborough.k12.ma.us](mailto:arcachak@foxborough.k12.ma.us)!!

## ATTENTION CLASS OF 2009



There are still many students who have not paid for their cap and gown. Your cap and gown payment **is due.**

Please see Mrs. Sneyd in the main office.

Student's

Name: \_\_\_\_\_

Cap and Gown \$  
25.00

Graduation Picture: \_\_\_\_\_ Yes \_\_\_\_\_ No  
\$ \_\_\_\_\_  
(Optional)  
(\$8.00)

Total: \$  
\_\_\_\_\_

Please return to Mrs. Sneyd in the main office.  
Make checks payable to: FHS – Cap & Gown 2009



### SUBSTITUTE SCHOOL NURSES NEEDED Requirements:

Registered Nurse with current  
Massachusetts License and CPR certification

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Please submit resume and application to:

Dr. Christopher Martes, Superintendent  
Foxborough Public Schools  
Igo Administration Building,  
60 South Street, Foxborough, MA 02035

For more information, contact  
Sharon Kelly, RN, Nurse Leader  
at 508-543-1630 or

[kellys@foxborough.k12.ma.us](mailto:kellys@foxborough.k12.ma.us)

## Fulbright Scholar Adam Wilson

The Multicultural, History and Foreign Language Clubs were treated to an enriching presentation by Fulbright Scholar Adam Wilson.

Fluent in both Spanish and Portuguese, Adam has traveled extensively throughout Latin America, both studying and working for the State Department. A graduate of Sharon High School and Brown University, Adam is also FHS Fine Arts Teacher, Ms. Mary Anne Cahan's, son!



The presentation was accompanied by Adam's extensive photo collection as well as a mesmerizing account of his travels. Afterwards, the three clubs and Adam gathered in Ms. Cahan's classroom and ate a variety of food from many different countries; each dish a representative of that student's ethnic background.

.....Ms. Mary Anne Cahan

**Bottle & Can Drive  
To Benefit the  
B.S.A. Cub Scout Pack 70  
Saturday, April 4, 2009**



*Please place returnable bottles and cans at curbside by 9:00 AM,  
Or you may bring them to town hall until 12:00 PM*

*For additional information or special pickup arrangements, call:  
(508) 543-3232*

*Thank you for helping B.S.A. Cub Scout Pack 70*



BOY SCOUTS OF AMERICA

## Shakespeare and Company Visits Foxborough High School

### Romeo and Juliet

Shakespeare and Company, of Lenox, Massachusetts, was able to visit Foxborough High School on February 24th due to a generous grant from FACES. Approximately three hundred students enjoyed Shakespeare and Company's production of *Romeo and Juliet*. Forty of these students engaged in an actor's workshop which took place afterward. This experience enabled Foxborough students to interact firsthand with professional actors and actresses who have studied at prestigious colleges and universities all over the world.

Foxborough High School students were impressed by both the play and the workshop. Senior Amanda Carchedi commented on the actors' ability to interpret the text, stating, "The actors did a fantastic job of acting what they were saying. Even though some lines were confusing in language I still understood their actions" Senior Heather Cronin added, "The enthusiasm and energy with which they presented the play was admirable. It really brought Shakespeare's work to life."

The Foxborough High School English Department would like to thank all of the contributors to the FACES grant program for their generosity in providing grant funding for this educational and inspirational program.

.....Ms. Laura Cronin, English Department Head



**TERM III GRADES**

*Term III grades close on Thursday, April 9th.*



Report Cards will be distributed on Friday, April 17<sup>th</sup> at the close of the school day.



## Special Education

Foxborough SEPAC  
*Special Education Parent Advisory Council*

### Understanding your child's IEP

Educational consultant Sharon Jermain was at the Igo Elementary School on March 19<sup>th</sup> to explain how to make your child's IEP (Individualized Education Plan) more effective, and explain understanding Current Performance Levels, Measurable Annual Goals, Measurable Objectives and Progress Reports.

This presentation was very informative and included examples from pre-school, elementary, middle, and high school IEP's. It also includes goals and objectives that deal with behavioral concerns and examples of goals for children on the autism spectrum.

### Dyslexia

On March 23<sup>rd</sup> Dr. Eileen Anatelak, a licensed school psychologist, educational consultant, LD & Written Language Specialist and Associate Director of Educational Directions, discussed dyslexia and how it affects the school experience. Representatives from Mass Health, Social Security and the Department of Developmental Disabilities was on hand to explain eligibility criteria, application processes, coverage's, copays and took questions about these agencies and the services they provide.

Please visit:

<http://teacherweb.com/MA/Foxborough/FSEPAC/index.html> for upcoming meetings or contact Ms. Margaret Chaisson, Chair of FSEPAC at 508-543-1780 - [chaissonfx@aol.com](mailto:chaissonfx@aol.com).

## Outdoor Club



We the members of the Foxboro High School Outdoor Club believe that everyone should be able to enjoy nature in a fun, affordable and safe environment. Our intent is to expand students' knowledge and appreciation of nature at little to no cost. The club provides opportunities to learn about nature and develop skills in outdoor activities and gain confidence. Our trips are fun, exciting and also ultimately relaxing while being educational.



The Club is in need of equipment in order to accommodate increasing membership. We currently have enough gear to accommodate small groups. Without more equipment we may have to cancel trips, or limit them. If you have gear in your attic or garage that is no longer being used, it could open up a whole new world to a student that otherwise may not ever paddle down a river, hike through the woods or camp in the mountains. Gently used items that would be of benefit to our club could include:

Personal floatation devices (life jackets), paddles, tents, snowshoes, headlamps, gators, sleeping bags, polypro or fleece clothing.



Any and all donations will be greatly appreciated,

Foxboro High School Outdoor Club

Tim Cowley, President

Andrew Kearney and Kristen Mangano Co - Vice Presidents

**Advisors:** Irene Titmas ([titmasi@foxborough.k12.ma.us](mailto:titmasi@foxborough.k12.ma.us)) and Kerry Frazier ([frazierl@foxborough.k12.ma.us](mailto:frazierl@foxborough.k12.ma.us))

## News from the Library / Media Center

By....Ms. Kathleen Porter-Media Center Director



On March 28<sup>th</sup>, FHS Media Center Director Kathleen Porter met with school library media specialists from across New England to develop lessons using the new AASL Standards for the 21<sup>st</sup>-Century Learner in Action. NEASC CPSS Deputy Director Janet Allison, representing the accreditation body, said the conference was “excellent” and thanked attendees for their time and effort in integrating the new standards into important library programs.

Thanks to Webmaster and Art Department Head Mr. Jerry Roy, students now have greater access to resources of the high school’s Virtual Library. This ongoing effort enables students to use e-books and subscription databases at school and at home, going beyond Google and Wikipedia to access reliable, critically-reviewed sources.

.... Ms. Kathleen Porter / Library Media Specialist



**Your ring**  
MAKE IT WHAT YOU WANT.

There will be an assembly for all sophomores on Monday, April 13<sup>th</sup> at 8:40 a.m.

All students will attend the brief assembly regarding class rings.

On Wednesday, April 15<sup>th</sup> from 5:00 p.m. – 7:00 p.m there will be a representative from the Balfour Company to talk to parents and students about the ordering process.

On Thursday, April 16<sup>th</sup> and Friday April 17<sup>th</sup>, the Balfour representative will be in the cafeteria during all lunches taking ring orders.



Letter sent to Target Stores after receipt of commission check on behalf of the  
“Take Charge of Education Program” \*

Target Stores  
Mail Stop 5CO  
PO Box 59214  
Minneapolis, MN 55459-0214

To Whom It May Concern:

I would like to sincerely thank you for the check in the amount of \$220.25 that you so generously donated to Foxborough High School, on behalf of your “Take Charge of Education” campaign.

I assure you that this money, in its entirety, will go directly to the students at Foxborough High School towards the purchase of materials to support their education.

I thank you again, for you generosity and wish your company continual success.

Thank you,

Mr. Jeffrey S. Theodoss  
Principal

*\*Take Charge of Education Program – When parents, teachers and other school supporters use their REDcard (Target Visa, Credit Card, Target Credit Card or Target Check Card), Target donates up to 1% of their purchases to their designated eligible K-12 school.\* It's minimal effort for your school with maximum rewards.*

**Youth Health Connection  
Upcoming Community Events**  
*Information supplied by Chief Edward O'Leary, FPD*

April 7, 2009

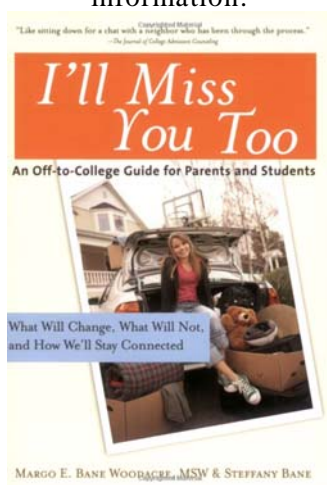
7:00 p.m. – 8:30 p.m.

Scituate High School - Scituate

Margo Bane Woodacre, MSW author of  
"I'll Miss You Too-An Off to College Guide for Parents  
and Students. What will Not and How We'll Stay  
Connected".

This is free seminar and open to High School Students in  
their Junior and Senior Year and their Parents / Guardians.

Please view [www.illmissyoutoo.com](http://www.illmissyoutoo.com) for further  
information.



May 6, 2009

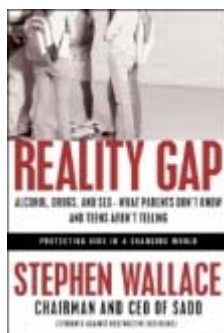
7:00 p.m. – 8:00 p.m.

Thayer Academy – Braintree

Stephen Wallace, Chairman and CEO of S.A.D.D. and  
author of "Reality Gap: Sex, Drugs and Alcohol, What  
Parents Don't Know and Kids Aren't Telling". The  
program is free and open to Parents/Guardians and Teens.

For more information check out

[www.stephengraywallace.com](http://www.stephengraywallace.com).



# ¡Hola a todos!

We are very excited about our upcoming Spanish Exchange.

We are looking for families interested in hosting a Spanish student. This is truly a wonderful opportunity to make friends, to share things about our culture, and to learn about a culture that is uniquely different. This is always a rewarding experience, as much for the traveler as for the hosting families, that often leads to a lifelong connection.



We expect our visitors to arrive at the end of September or the beginning of October. We will travel to Valencia, Spain during February vacation of 2010. If you have a student attending Foxborough High School you might want to consider full participation in the program, including hosting and traveling.

We appreciate and look forward to your participation. You can reach us at 508-543-1641, or through email.

Irene Titmas [titmasi@foxborough.k12.ma.us](mailto:titmasi@foxborough.k12.ma.us)

Kathy Joseph [josephk@foxborough.k12.ma.us](mailto:josephk@foxborough.k12.ma.us)

Co – advisors- Spanish Exchange

## April Recess

Vacation Break - April 20<sup>th</sup> -24<sup>th</sup>

School resumes on Monday, April 27<sup>th</sup>.

Have a wonderful, safe school vacation!!

# MUSIC NOTES!

By...Ms. Leanna Pink-Sewell



Freshman, Kaileigh Riess, recently performed as a guest soloist with the Sharon Community Band's "Night on Broadway." The event was on March 14<sup>th</sup> at 7:00pm and Kaileigh was one of the few high school students chosen to sing a solo, "Cock-Eyed Optimist" from the Broadway musical "South Pacific." Congratulations!



Our a cappella choir, "C Sus4", was also featured as a guest artist group during Norwood's A Cappella Night on March 7th. Among the performers were three collegiate a cappella groups from Tufts University, MIT, and Brandeis University and two Norwood groups. A Cappella Night involves a lot of singing without any instruments. The vocalists use their voices 100% to create instrumental sounds like guitars, drum sets, and brass sounds. During the evening, songs such as Katie Perry's "Hot and Cold" were performed, along with other #1 radio hits. Foxborough performed: "Scarborough Fair" (written by Paul Simon), "When I Fall in Love" (famous by Nat King Cole), and "Ain't No Sunshine" (written by the soulful Bill Withers).



Junior, Meg Lowey (Cosette), and Senior, Jeff Dietzel (Javert) will be seen on the Orpheum Stage in April playing leading roles in Les Miserables. This show, originally presented by Un-Common in 2002, tells the epic story recounting the struggle against adversity in 19th century France. Imprisoned for stealing a loaf of bread, petty thief Jean Valjean is released from his 19-year term and not only becomes an honest man, but the mayor of a prosperous town and a loving adoptive father - violating his parole in the process. The relentless Inspector Javert, who makes a decent life for Valjean impossible, consequently pursues him. Only years later, after Valjean proves his mettle during a bloody student uprising and saves the life of a young

man hopelessly in love with Valjean's adopted daughter, does the ex-convict finally feel fully redeemed.

Originally adapted from Victor Hugo's timeless novel, Les Miserables - School Edition introduces a new generation to the grand and inspirational story that has touched the hearts of millions. For, within Les Miserable lies the universal truth

*"To love another person is to see the face of God"*  
and this message is sure to have a lasting impact on all who are in some way involved in this production.

The show will be performed at The Orpheum Theater in Foxboro on Friday April 17th and Saturday April 18th at 7.30pm and on Sunday April 19, 2009 at 2pm.

Tickets are \$20 for Adults and \$15 for Seniors and Students and are available by calling Brown Paper Tickets.



FHS' Drama club's presentation of ANNIE also featured many of our Concert Choir members! Congratulations to all of you involved in this show...on and off stage.



Guest Artist and composer, Kerry Marsh will be joining our jazz choir at the end of March to work with us on our performing pieces. This year, the FHS Jazz Choir repertoire includes famous and classic jazz pieces ALL arranged by Kerry Marsh. Kerry is a leading composer and arranger of music for vocal jazz ensembles, instrumental jazz, marching band and other musical groups. He comes to us from California and has received many prestigious awards for his arrangements/compositions as well as initiating musical projects, one of which he is working on with his wife and will be presented in 2010.



The nationally acclaimed FHS Jazz Ensemble will be featured during a clinic at this year's MENC Convention in Boston. Mr. Massey will be presenting a clinic for teachers from the east coast that will use our jazz ensemble to demonstrate proper rehearsal techniques, jazz styles, and harmonic blends. Mr. Murphy will be a guest speaker on a panel discussion as well.





***Foxborough Music Association***  
***From Mr. Stephen Massey, Music Director***



*Press Release from - Jazz at Lincoln Center*

# **15 HIGH SCHOOL JAZZ BAND FINALISTS ANNOUNCED FOR 14TH ANNUAL ESSENTIALLY ELLINGTON**

## **HIGH SCHOOL JAZZ BAND COMPETITION & FESTIVAL IN NEW YORK CITY MAY 8-10, 2009**



Jazz at Lincoln Center announces the **15 finalist bands** for its prestigious **14<sup>th</sup> Annual Essentially Ellington** High School Jazz Band Competition & Festival. The bands will compete and participate in workshops, jam sessions and more, during the three-day competition and festival in New York City. The top-placing bands perform with Artistic Director of Jazz at Lincoln Center, Wynton Marsalis, as guest soloist, followed by a performance by the 15-piece Jazz at Lincoln Center all of whom serve as mentors for the finalist bands throughout the weekend. The **festival** culminates with an awards ceremony honoring outstanding soloists, sections and the top three bands. The **Competition & Festival** is the culmination of the annual *Essentially Ellington* High School Jazz Band Program (EE), which also includes regional festivals, curriculum resources, a summer Band Director Academy, monthly newsletters and more.

The 15 finalists competing in this competition are:

### **Massachusetts - Foxboro High School**

**California** - Agoura HS, Calabasas HS, L.A. County HS for the Arts

**Florida** - New World School of the Arts,

**Massachusetts** - Wellesley HS

**Indiana** - North Scott HS

**New York** - Kingston High School

**Pennsylvania** - State College Area HS

**Washington** - Newport HS, Garfield HS, Roosevelt HS

**Wisconsin** - Beloit Memorial HS, Eau Claire Memorial HS, and Badger Union HS.

**Frederick P. Rose Hall**, home of **Jazz at Lincoln Center**.

**Final Concert:** May 10th at Avery Fisher Hall, 7:30 p.m.

**Free tickets** for the Competition can be obtained at the Jazz at Lincoln Center Box Office, Broadway at 60<sup>th</sup> Street beginning on **April 20**. Tickets for the Concert and Awards Ceremony are \$20 or \$25 and **available now** at the Avery Fisher Hall Box Office, the Jazz at Lincoln Center Box Office, by calling Center Charge at (212) 721-6500 or at [www.jalc.org](http://www.jalc.org).

**For more information or a schedule of events, visit:**  
**[www.EssentiallyEllington.org](http://www.EssentiallyEllington.org)**



### **Background/Statistics**

Throughout March and April, Jazz at Lincoln Center will send, free of charge, a professional musician to each of the 15 finalist schools to lead an intensive day-long workshop of rehearsals, lessons and master classes. The free clinics are part of the rich 14-year history of this unique music education program, which has **reached more than 275,000 students in more than 4,500 high schools** across all 50 U.S. states, Canada, Australia and American schools abroad. *Essentially Ellington* has produced and distributed more than **80,000 copies of 80 previously unavailable scores** and **192 finalist bands have come to New York City to participate in the annual Competition & Festival**.



### **Sponsorship**

Founding leadership support for the *Essentially Ellington* High School Jazz Band Program is provided by The Jack and Susan Rudin Educational and Scholarship Fund. Major support is provided by the Surdna Foundation, The Irene Diamond Fund, the United States Congress, the National Endowment for the Arts, and Alfred and Gail Engelberg.

Additional support is provided by the Ella Fitzgerald Charitable Foundation, The Mericos Foundation, The Heckscher Foundation for Children, The Charles Evans Hughes Memorial Foundation, The New York Times Company Foundation, and other generous funders.







## FHS National Honor Society News

*From Advisors*

*Caitlin Annicelli and Kelly Shaughnessy*

Since the induction of its 49 new members from the class of 2010, the NHS has doubled in size. The new juniors have stepped up to work on many new activities, including volunteering at the Food N' Friends soup kitchen in Attleboro.



On March 13<sup>th</sup>, the NHS held the annual Student-Faculty Basketball to raise money for NHS-sponsored activities.

The event was a success, and the game was a close and exciting match. The Faculty team won by a slight margin in the second overtime period.



The NHS is organizing a project called the Great American Cleanup of Foxborough –to be held on Saturday, May 9th.

The purpose of the event is to clean up litter around town in order to raise environmental awareness while keeping Foxborough beautiful. Volunteers will collect trash in different areas around town.

The NHS is looking for interested groups or individuals to help with the cleanup. If you hate seeing litter in parks or on the roads, take a stand and join this cause.

For more information, contact

[FoxboroTrashCleanup@gmail.com](mailto:FoxboroTrashCleanup@gmail.com). Also, ask for a volunteer signup sheet in the main office.

## PROM CONTRACT SIGNING NIGHT!



*There will be a Prom Contract signing  
on Tuesday, April 28th at 7:00 p.m.*

On Tuesday, April 28, 2009 at 7:00 PM in the high school auditorium there will be a Prom Contract Program. The program will last an hour and will be in three parts: (1) a speaker who will address with students and parents issues involving the use of alcohol and drugs, (2) an explanation of the terms of the contract, and (3) an opportunity for parents and students to sign contracts.

All students who plan to attend the prom must have on file at the high school a prom contract which they and their parents have signed, and a parental consent form. Prom guests who are not students at FHS must also have contracts signed by their parents unless they are 18 years of age. These students may sign their own contracts.

The purpose of the contract is to help ensure that the prom will be a substance free event. Contracts must be signed in the presence of a school administrator. No contracts will be sent home for signing, and no student may purchase a prom ticket until a contract has been signed. If you miss this program, contracts can only be signed at the high school **from 2:00 p.m. – 4:00 p.m.** Contracts will not be accepted after Friday, May 8, 2009 at 2:00 p.m.

The prom is scheduled for May 16, 2009 at the Hilton Boston-Logan Airport Hotel located at One Hotel Drive, Boston, MA 02128. The administration strongly recommends that students enjoy the prom and end the evening at home. Parents are urged not to allow their child to reserve a room at the Hilton-Boston Logan Airport Hotel, which is under the jurisdiction of the Massachusetts State Police. The State Police are mandated by the hotel to be present at all prom functions. As an administrator and parent of four children, nights like these require us all to use good judgment.

We hope you take advantage of the Prom Contract Signing Program on April 28th where all questions and concerns you may have will be addressed.

Please contact the class advisors Ms. Debra Grant ([grantd@foxborough.k12.ma.us](mailto:grantd@foxborough.k12.ma.us)) or Mr. James Callahan ([callahanj@foxborough.k12.ma.us](mailto:callahanj@foxborough.k12.ma.us)) at 508-543-1616 for additional information.

We are looking forward to a memorable night for all students attending this special event.

**Junior Prom – May 16<sup>th</sup>**

*The Junior Prom will be held on  
Saturday, May 16<sup>th</sup> at the  
Hilton-Boston Logan Airport Hotel in Boston*

*Tickets cannot be purchased until both student and parent/guardian sign the contract. In order to purchase tickets students must be up-to-date with class dues and have no owed-materials.*



# MCAS TESTING

|           |                                              |                  |
|-----------|----------------------------------------------|------------------|
| March 31  | ELA Grade 10                                 | Long Composition |
| April 1   | ELA Grade 10                                 | Sessions 1 & 2   |
| April 2   | ELA Grade 10                                 | Session 3        |
| April 7   | ELA Make-up                                  | Long Composition |
| May 19    | Math Grade 10                                | Session 1        |
| May 20    | Math Grade 10                                | Session 2        |
| May 21 ** | US History Gr. 11                            | Sessions 1 & 2   |
| May 21    | US History Gr. 11                            | Sessions 1 & 2   |
| June 4    | Biology Grades 9,10,11<br>Chemistry Grade 10 | Session 1        |
| June 5    | Biology Grades. 9,10,11<br>Chemistry Gr. 10  | Session 2        |

\*\* Tentative Date

## Mark your calendar!!

### APRIL 2009

|              |                                                 |
|--------------|-------------------------------------------------|
| April 2      | Spring Concert – 7:00 p.m.                      |
| April 4      | ACT Testing                                     |
| April 4      | MICCA – 8:00 a.m. – 5:00 p.m.                   |
| April 5      | MICCA – 11:00 a.m. – 5:00 p.m.                  |
| April 6      | School Committee                                |
| April 7      | MCAS – ELA Retests                              |
| April 9      | Term III Ends                                   |
| April 9      | Dodge Ball Fundraiser –Class of 2009 -6:00 p.m. |
| April 10     | Holiday – No School                             |
| April 13     | Sophomore Assembly (Rings)                      |
| April 14     | Choral Paloza Concert – 6:30 p.m.               |
| April 15     | Ring Night - 5:00 p.m. – 7:00p.m. - Cafeteria   |
| April 16 -17 | Ring Orders – All Lunches                       |
| April 16     | School Council Meeting – 3:00 p.m. – 5:00 p.m.  |
| April 20-24  | Vacation Week – No School                       |
| April 27     | School Committee                                |
| April 28     | FMA Scholarships - 3:00 p.m. – 6:00 p.m.        |
| April 28     | Prom Contract Signing Night – 7:00 p.m.         |
| April 30     | Coffee with the Principal – 10:00 a.m.          |

Please note: This is subject to change. Please contact the high school at 508-543-1616 to confirm an event. Thank you.

### News from Guidance

**Joe O'Neil - College Admissions Advisor**

#### SMALL GROUP DISCUSSIONS

**Parents / Students**

**College Choices and Admission Topics**



**Thursday, April 30th 2009**

**Guidance Conference Room  
6:00 p.m. - 7:15 p.m.**

**Any questions, please call Mr. O'Neil at 508-543-1620**



# Quarter III - Honor Roll

## Highest Honors

**Grade 12:** Geoffrey Blowers, Shawn Bouchard, Amanda Carchedi, Julia DiCanzio, Lauren Fisher, Sarah Freudenberg, Chester Gay, Caitlyn Gorham, Courtney Halpern, Martin Headd, Meaghan Herlihy, Nicole Jabanoski, Anya Jacobs, John McGonagle, Schuyler Milender, Carley Morrissey, Nicole Morse, Caelan Pacelli, Samuel Plasmati, Blair Read, David Santos, Corbin Shapiro, Rehema Strouble, Anna Vincenzi and Zachary Waltzer.

**Grade 11:** Carolyn Augusta, Dominique Cammarata, Jennifer Chalmers, Matthew DeFazio, Danielle Gaudet, Qiaochu Han, Laura Herlihy, Gina Kackloudis, Mackenzie Mann and Samantha Smith.

**Grade 10:** Sarah Andres, Tristan Ballard, Caroline Cammarano, Samantha Dorman, Leah Duncan, Elise Eagan, Kevin Eagan, Andrew Gray, Celine Haddad, Dylan Heinricher, Jake Hyland, Tayla Ross, Amber Scotton, Victoria Solomon, Brendan Thomas and Nirali Vagadia.

**Grade 9:** Sarah Curran, Kelsey Evans, Morgan Hurley, Alana Prinos and Abigail Tepper.

## Honors

**Grade 12:** Brianna Aldrich, Samantha Allen, Danielle Baker, Anthony Bassignani, Whitney Baumiller, Alexander Bickford, Samantha Briggs, Chloe Brown, Melissa Brown, Dennis Callahan, Shauna Callahan, Nicolas Calnan Michelle Cameron, Also Cosette Cherico, Lindsey Comeau, Matthew Cote, Heather Cronin, Shannon Cunningham, Katie Deangelo, Jeffrey Dietzel, Kasey Doolan, Joseph Duggan, Melissa Ellard, Michael Farrell, Jessica Feinzig and Alexandria Flaherty, Brian Foley, Paul Franciosa, Erin Fusco, Mary Ellen Gallagher, Dennis Gilreath, Mary Greeley, Vincent Groves, Stephanie Haley, Sean Harris, Curtis Hazeldine, Sarah Khalifa, Erin Kiely, Hali Kovich, Shanice Lance, Allison Lancot, Tyler Lewis, Cayleigh Lincoln, Ashley MacDougal, Ashley Mackie-Donnelly, Kristen Mangano, Nicholas Marcotte, Courtney McCarthy, Meghan McGuire, Codi McNeff, Thiagarajan Meyyappan, Clayton Miller, Julia Mock Rachel Mosesso, Steven Notarangelo, Mary Orechia, Heather

O'Rourke, Paige Pelick, Seana Peterson, Kayla Procaccini, Adam Rull, Thomas Scott, Emily Sheehan, Garrett Simons, Marybeth Small, Amanda Sosnowski, Brittany Stopa, Stephanie Storer, Brian Swanton, Dustin Sylvia, Nicholas Thrasher, Marisa Tympanick, Caitlyn Valanzola, Cydney Viventi, Jenna Weiskerger, Timothy Willis, Tracie Wright and Alahna Zinni.

**Grade 11:** Sarah Appleby, Steven Aucoin, Michaela Bero, Margaret Brown, Leanne Carey, Emma Carroll, Erin Cresey, Kerri Cunningham, Kirill Degtyarenko, Elena Dillon, Caitlin Dorr, Caroline Eva, Mary Katharine Fitzgerald, Rachel Fuller, Lynnea Gleason, Emily Grossmith, Jenna Guy, Kristen Hoffman, Erin Johnson, James Keenan, Christopher Kelm, Brian Kronmiller, Elizabeth Lally, Taryn Laubenstein, Paige Lorenz, Tyler Lorenz, Meghan Lowey, Alex Maling, Carley Martyniak, Brian McGillicuddy, Courtney McGowan, Shawn McLaughlin, Sarah McMahon, Robert Mortenson, Fatima Mufti, Lauren Mullally, Dillon Myers, Danielle Nader, Nicholas Natarelli, Katelyn Olsson, Anna Opatka, Olivia Parsons, Shivali Patel, Susan Pelick, Shauna Pike, Gina Quinn, Alexandra Rizzo, Erica Salgado, Lindsay Shapiro, Meghan Shaw, John Slaby, Michelle So, Luke Soccorso, Ariel Solomon, Ty Spencer, Jeremy Thayer, Stephen Vogel, Nidhi Vora, Janelle Walsh, Justin Wheeler and John Zadroga.

**Grade 10:** Benjamin Alden, Megan Allen, Paula Alvarez, Chelsea Antosca, Tyler Appel, Andrew Bradley, Steven Bresse, Kayla Bridges, Natalee Brucks, Kelly Callahan, Margaret Cavanaugh, Rebecca Crichton, Lindsay Crook, Nicholas Cuneo, Benjamin Dean, Kara Donoghue, Nicole Donoghue, Kelly Doolan, Katherine Dustin, Jessica Eagles, Connor Foley, Jason Foreman, Megan Fusco, Lindsey Gallagher, Elsie Helou, Alexandra Jenkins, Michael Kelly, Matthew Kominsky, Katherine Kulig, Chelsea Laracy, Danielle Lavieri, Edward Lincoln, Joanna Magnuson, Nicole Maloney, Jillian Mattie, Lianne McCarthy, John McHugh, Kristen McMullen, Chelsea McNamara, Yasmine Mourtada, Emily Nichols, Thomas Procaccini, Isha Raval, James Rehill, Robert Roman, Anna Sangree, Kevin Saverse, Gretta Schaaf, Evan Serpis, James Stather, Brittany Venuti and Danielle Warner.

**Grade 9:** Saja Alami, Lindsay Andersen, Hussein Antar, Chelsea Barilovits, Theodore Brown, Aiden Campbell, Kayla Carew, Samantha Carlson, Julie Chan, Nicholas Couroupacis, Brett Cresey, Katherine Delaney, Celine Demaesschalck, Jacob Dice, Heather Eastman, Duncan Echols-Jones, James Flaherty, Timothy Foley, Andrew Geffers, Ashton George, Jacquelyn Illsley, Kristina Ketchum, Conor Lally, Matthew Laracy, Mairead Leahy, Ryan Manning, Colleen Martin, Brooke Martyniak, Michaela May, Emily McGowan, Maureen McHugh, Caitlyn Montville, Kelsie Morahan, Tess Parsons, Jennifer Peterson, Brianna Phillips, Cole Putnam, Delaney Quadrozzi, Kaileigh Riess, Nicholas Roche, Joel Rodriguez, Nathan Romanowski, Kylie Scannell, Kayla Scheffler, Rachel Sewell, Kathryn Shea, Mackenzie Slyman, Jacob Soccorso, Kendall Stopa, Shannon Suess, Katherine Sullivan, Megan Sullivan, Joseph Tierney, Sierra Wilbar, Alex Zaneccchia, Christopher Zerrip and Aiza Zia.



## ol Food Gets High Marks!

Martha Dooley is the food service director for Foxboro Public Schools

**By Frank Mortimer**

Published: Thursday, March 19, 2009 10:25 AM EDT

The kindergarten through grade 12 meals program in Foxborough Public Schools has earned high marks from the state.

"I want to commend you on the program you have in place in your district," Linda A. Fischer, a nutrition specialist with the Massachusetts Department of Education, wrote to Foxboro food services director Martha Dooley.

Fisher, representing the DOE's Division of Nutrition, Health and Safety, reviewed the program in January for compliance with federal school meal nutrition standards. Fischer also commended Dooley's staff.



Fisher wrote that only "minimal" improvements are needed, specifically encouraging Foxboro schools to continue to lower the fat and salt content in foods served to children.

The reviews under the School Meals Initiative are conducted every five years, and include the following goals for all schools:

- Lunches meeting one-third of the recommended daily allowances for protein, vitamin A, vitamin C, iron, calcium and calories.
- When averaged over a week, school meals contain 30 percent or less of total calories from fat and less than 10 percent of calories from saturated fat.
- Reduction in levels of sodium and cholesterol and an increase in dietary fiber.

A large variety of fresh fruits and vegetables are offered in all the schools, Dooley told the School Committee Monday.



She said Foxboro's meals program is consistently rated "excellent" during the twice-a-year sanitary inspections conducted by the local health department.

Superintendent Christopher Martes announced and read sections from the letter of praise Dooley received from the state. Fischer also commended Dooley for her understanding of nutritional goals and the organization of the documents the review requires.

School business administrator Paul Jackson said that when he came to Foxboro schools several years ago, he was told that Dooley runs a high quality lunch program. He said the assurance has proven true.

Dr. Martes said lunch prices won't change for the current school year, but that school officials are worried about rising food prices. "We are doing a financial review right now to see where we stand for next year," Dooley said. She said it's been at least three years since the school department increased the meals prices.



Lunches cost \$1.75 at the elementary schools and \$2 at the middle and high schools. On average, 1,600 Foxboro students per day buy the school lunch.

Breakfast is served at the high school only, to an average of 50 students per day.

The breakfast program in the elementary schools was discontinued this year because of low participation.

### ATTENTION ALL PARENTS!!

There is **NO PARKING** in front of the school before and after school. The only traffic that is allowed is school buses and emergency vehicles.



Thank you for adhering to the policy!!



### All Night Senior Party - 2009



Sun., June 7<sup>th</sup>, 2009 - 10:30 p.m. to 5:00 a.m.

Our next meeting for the Senior All-Night Party is  
April 16<sup>th</sup> in the P.A.V.E. kitchen at 7:00 p.m.



Chaperones are needed for both shifts.

First shift is 9:30 p.m. - 1:00 a.m.

Second shift is 12:45 a.m. - 5:00 p.m.

Senior parents cannot be chaperones.

Senior parents are reminded to send in the payment  
and form for the "All Night Party" as soon as  
possible. If you have misplaced the form, please have  
your son/daughter see Ms. Donoway in room 128  
during the school day.

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We are still in need of volunteers in many committees  
including, decorating, fund raising, food, etc. Please  
join us in coordinating this wonderful event. If you  
are willing to chaperone, please contact  
Ms. Rosemary Storer at 508-543-4821

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If you have any questions please contact  
Jan Donoway at 508-698-0628 or  
Sue Greeley at 508-543-5878

### Attention Senior Parents Help your senior "REMEMBER WHEN"



We are starting to collect pictures  
for a 'Remember When' Wall for the  
seniors to enjoy during their Senior All Night Party  
on the evening of graduation (June 7<sup>th</sup>).

#### Photo Guidelines "Remember When" Wall:

- Wallet sized through 4" X 6" prints preferred
- Pictures taken in Foxboro please, at home, friend's houses, sports fields, school, etc.
- Cute, candid, silly individual and group pictures are great, especially those taken pre-school through middle school and those including other graduating seniors.
- Printed pictures only. We cannot accept digital images.
- Pictures **will not** be returned by mail. Your student is welcome to pick up any pictures that you submit at the end of the event (5 AM on June 8th). If your picture is very special to you, please submit a reprint, not the original.

Space is limited but we would love to represent all  
graduating seniors. If you send more than one picture,  
available space will determine how many are used.

We already have several school individual and group class  
pictures as well as others that had been submitted for their  
8th grade promotion celebration. We need to have all new  
submissions by May 20th to start working on wall layout,  
etc.

#### Submission Process "Remember When" Wall

- **FHS Office** - Drop pictures off the "Remember When" bin in the main office
- **By Mail** – Mail pictures to: Janet Fisher, 24 Cannon Forge Drive, Foxboro, MA 02035
- **Photo submission deadline – 5/20/09**

Any questions, feel free to contact us:  
Janet Fisher, [jlbfisher@comcast.net](mailto:jlbfisher@comcast.net) or Gini Baumiller,  
[vbaumiller@comcast.net](mailto:vbaumiller@comcast.net)